

Dance Teacher[®] Recognizes



Dance Teacher presents teachers who complete a continuing dance education program by one of the organizations on the following page with a special Dance Teacher certificate of recognition. Simply send a letter to DT Recognizes, Dance Teacher, 110 William Street, 23rd Floor, New York, NY 10038. Please include the name of the organization, proof of participation in the program you attended and a brief description of how the experience made an impact on your teaching. Dance Teacher salutes educators who have participated in the Simonson Technique Teacher Training Certification Course.

This Month's Program

Simonson Technique Teacher Training Certification Course

The Simonson Technique Teacher Training Certification Course, held through Dance Space Center in New York City, certifies participants to teach Lynn Simonson's jazz technique, which emphasizes injury prevention, proper placement and dancing within one's range of motion. Simonson has been teaching for more than 30 years, and her technique is taught in more than a dozen countries. It is based on two things: Simonson's love of jazz music and jazz dance and her belief that everyone can dance and be injury-free.

During the course, which meets for roughly 15 sessions from March until June, participants survey the Simonson Technique methodology, which covers anatomy, alignment and didactic theory. Simonson also teaches choreography for the classroom and how to use music effectively, such as how to cue students while playing a hand drum. The course is taught in small groups, although Simonson has arranged private lessons for non-New York City residents in the past.

Two key skills that teachers will learn

are how to communicate with students clearly and how to work with students' individual body types and abilities. "It's about being able to describe movement in a way that the student can latch onto instantly," Simonson says.

Through detailed study and discussion of muscle groups and skeletal structure, Simonson trains teachers to examine each dancer's anatomy and range of movement in order to determine any limitations or predispositions to injury. "It's about learning to notice anatomical red flags," she says. After training participants to assess a student's posture, turnout and joint mobility, Simonson teaches them how to encourage each dancer to work within his or her natural physical facility.

Teachers entering the program should be familiar with the Simonson Technique, and admission requires an interview with Simonson. Registration begins this fall for the spring 2005 session. For more: Lynn Simonson, Dance Space Center, 451 Broadway, 2nd Floor, New York, NY 10013; 212-625-8369; www.dancespacecenter.org.

—Lisa Arnett



Lynn Simonson with teacher training student Wakana Meguro



PAUL B. GOODE

What Teachers Have To Say

Benny Simon
Substitute teacher
Dance Space Center
New York City

Lynn taught me to embrace and apply an approach to dance that promotes proper alignment, body awareness and injury prevention. Her course mixes anatomy, pedagogy and practical experience in perfect combination. The Simonson Technique encourages students, beginners and professionals alike to find real joy in movement. Learning how to pass that joy on to others is a remarkable thing.

Te Perez
Artistic director and choreographer
Péreztación
New York City

Lynn emphasizes sensitivity, responsibility and articulation, which are valuable skills for teaching any type of dance, not just the Simonson Technique. We investigated the best ways to teach students of all levels, especially the beginners, and how to move and change their bodies as opposed to only learning what to give them for exercises and combinations. I learned a whole new language to instruct and guide students more effectively and to keep the flow of class moving. After finishing the course, I immediately understood what makes Lynn such a gifted teacher.

Rachel Feinerman
Dancer and teacher
Dance Space Center
New York City

One of the best parts about this course is that Lynn not only teaches her technique, but she also teaches how to be a good teacher. That has been an incredible tool and has had ramifications for me throughout my years of teaching.

DT RECOGNIZED PROGRAMS

Alabama Ballet Teacher Training Program

205-322-1874; www.alabamaballet.org

Al Gilbert Dance Teacher Conventions

323-965-5500; www.steppingtones.com

American Academy of Ballet

212-787-9500; www.ameracademyofballet.com

American Dance Festival

919-684-6402; www.americandancefestival.org

American Repertory Dance Company

323-664-0553; www.ardc-la.org

American Tap Dance Institute

888-NTE-TAPS; www.usatap.org/TTP.htm

Associated Dance Teachers of New Jersey

800-925-0933; www.associateddanceteachers.com

Ballet Intensive from Moscow

773-404-0417; www.BalletRussianTeachers.com

Ballet Magnificat!

601-977-1001; www.balletmagnificat.com

Bates Dance Festival

207-786-6381; www.bates.edu/dancefest

Benesh Institute: 44-17-1326-8031; www.benesh.org

Bill Evans Dance Teachers' Intensives

502-286-0195; www.billevansdance.org

Boulder Jazz Dance Workshop

303-449-0399; www.bcn.boulder.co.us/arts/idt/idt.html

Briarwood Ballet: 205-776-5284; www.briarwood.org

Broadway Dance Center

212-582-9304; www.broadwaydancecenter.com

Cecchetti Council of America

734-379-6710; www.cecchetti.org

Cecchetti Society, Inc., USA of the Imperial Society of Teachers of Dancing

203-288-2863; www.cecchettiusa.org

Central Pennsylvania Youth Ballet

717-245-1190; www.cpyb.org

Chicago National Association of Dance Masters

815-397-6052; www.cnadm.com

City Center: 212-247-0430; www.citycenter.org

Creative Dance Center

206-363-7281; www.creativeandance.org

Dance Alive: 310-454-5335; www.dancealive.com

Dance Educators of America

914-636-3200; www.DEAdance.com

Dance Masters of America

718-225-4013; www.dma-national.org

Dance Notation Bureau

212-564-0985; www.dancenotation.org

Dance Notation Bureau Extension at

Ohio State University

614-292-7977; www.dance.ohio-state.edu

Dance Space Center

212-625-8369; www.dancespace.com

Dance Teacher Summer Conference

800-342-4337 x4802; www.dance-teacher.com

Finis Jhung Ballet/Ballet Dynamics

800-357-3525; www.finisjhung.com

Florida Dance Masters, Inc: 407-678-4407

The Hartford Conservatory

860-246-2588; www.hartfordconservatory.org

Houston Ballet Academy

713-535-3200; www.houstonballet.org

Hubbard Street Dance Chicago

312-850-9744 x164; www.hubbardstreetdance.com

The Isadora Duncan Foundation for the Contemporary

Arts: 212-691-5040; www.isadoraduncan.org

Kennedy Center Education

202-416-8813; www.kennedy-center.org/education/pdot

Laban/Bartenieff Institute of Movement Studies

212-213-1162; www.limsonline.org

Language of Dance: 231-995-0998; www.lodc.org

Leap'n Learn: 888-211-5180; www.leapnlearn.com

The Lebed Method, Focus on Healing Through

Movement and Dance Certification Training Program

877-365-6014; www.focusonhealing.org

Lincoln Center Institute

212-875-5535; www.lcinstitute.org

Little People's Creative Workshop: 252-321-8540

Music in Motion®

607-257-6196; www.musicinmotion.com

National Ballet School

416-964-3780; www.nationalballetschool.org

National Dance Association

703-476-3436; www.aahperd.org/nda

National Dance Education Organization

301-657-2880; www.ndeo.org

National Dance Institute

212-226-0083; www.nationaldance.org

National Dance Institute of New Mexico

505-983-7646; www.ndi-nm.org

National Registry of Dance Educators: 631-757-2700

92nd St. Y Harkness Dance Center/Dance Education

Laboratory: 212-415-5555; www.92ndsty.org

North Carolina Dance Theatre's Dance Educator

Enrichment Program

704-372-0101; www.ncdance.org

Ohio Dance: 614-267-8295; www.ohiodance.org

Pacific Northwest Ballet School

206-441-2453; www.pnb.org

Peak Performance: 877-726-3522; www.dancevideo.com

Pennsylvania Academy of Ballet

610-664-3455; www.pennsylvaniaacademyofballet.com

Phyllis S. Weikart's Integrated Movement

and Music Program: www.highscope.org

Professional Dance Teachers Association

201-652-7767; www.hoctorndance.com

Project Motivate

508-285-6650; www.rheegold.com

Royal Academy of Dance

201-438-4400; www.rad.org.uk

Royal Winnipeg Ballet: 204-956-0183; www.rwbschool.com

The School at Jacob's Pillow

413-637-1322; www.jacobspillow.org

Vail International Dance Festival

970-949-1999; www.vvf.com

Do you have a continuing education program just for teachers? If you'd like your program to be considered for DT Recognizes, please send information about it to: Dance Teacher Recognizes, 110 William Street, 23rd Floor, New York, NY 10038; e-mail: larnett@lifestylemedia.com.